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Post-Operative Instructions for Browlift

1. Take your medication(s) as prescribed
2. Expect a small to moderate amount of pain, tenderness, swelling, numbness and bruising
3. Smoking may delay the healing process
 - i. If you smoke, reduce the amount as much as possible (or better yet, quit) for at least 2 weeks before and 2 weeks after surgery
4. A head dressing and drain will remain in place on the first night after surgery (this will most likely be removed the following day prior to discharge from hospital)
5. During the first week, the majority of your time should be spent relaxing, although some leisurely walking is permitted
6. At night and when resting, elevate your head with an extra pillow or two
7. It is common to get swelling and bruising around the eyes
8. Apply Polysporin[®] to the surgical incision(s) twice a day
9. You may wash your hair gently on the second post-operative day and daily thereafter
 - i. Do not use a hair dryer for at least 4 weeks post-op
 - ii. Tinting or colouring the hair is not advisable for at least 3 weeks post-op
10. Return in 5 to 7 days for inspection of the surgical site(s) and suture removal
11. Light activities and more walking are permitted at this time (i.e. 5 to 7 days post-op)
12. Return in 3 weeks for a follow-up visit
13. Normal activities are permitted at this time (i.e. 3 weeks post-op)

IF YOU HAVE ANY CONCERNS AT ALL, PLEASE CONTACT THE OFFICE