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Plastic, Reconstructive and Cosmetic Surgeon



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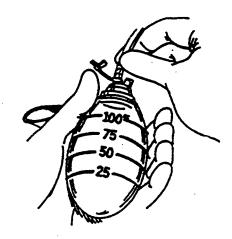
www.plasticcosmeticsurgery.ca

Abdominal and/or Breast Drains

You will be shown how to take care of your drain(s) before discharge from the hospital

Please also read the following instructions regarding your drain(s):

- The purpose of the drain(s) is to prevent the accumulation of blood and/or tissue fluid resulting from your operation
- The drain(s) look something like the picture below:



- The drain(s) should be emptied either every 12 hours or whenever they are half full
- > Directions for emptying the drain(s):
 - 1. Wash your hands well with soap and water
 - 2. Remove the small plug at the top (suction will be released)
 - 3. Observe the amount of drainage
 - 4. Discard the drainage down the toilet
 - 5. Record the date, time, and amount of drainage and from which site it came from
 - 6. Squeeze the bulb and re-insert the plug on the drain

IF YOU HAVE ANY CONCERNS AT ALL, PLEASE CONTACT THE OFFICE